



Channel 7
MKR x Spotlight: Rate the Plate 2025
Terms and Conditions

**By entering “MKR x Spotlight: Rate the Plate 2025”
 (“the Competition”), you are agreeing to the following Terms and Conditions:**

1. STANDARD TERMS

- 1.1 Information on how to enter the Competition forms part of these terms and conditions (“Terms and Conditions”). Participation in this Competition is deemed acceptance of these Terms and Conditions.

2. WHO CAN ENTER?

- 2.1 Subject to clause 2.2, entry is open to all residents of Australia aged 18 or older, where the Channel Seven, and affiliate broadcaster, signal is received.
- 2.2 Employees and their immediate friends and families of the Seven Network (Operations) Limited (“the Promoter”), Spotlight Pty Ltd (“Sponsor”), Ansible Pty Ltd, and their associated agencies and companies are not eligible to enter.

3. HOW TO ENTER

- 3.1 The Competition commences on **Monday 1st September 2025 at 19:40 AEST** and concludes on **Sunday, 9 November 2025 at 23:59 AEDT** (“the Competition Period”).

The eligible entry periods for the Competition will commence and conclude on the following dates and times (“Entry Periods”):

Rating/Entry Period	Start Date (at 19:40 AEST/AEDT)	Close Date (at 19:40 AEST/AEDT)
1	Monday, 1 September 2025	Monday, 8 September 2025
2	Monday, 8 September 2025	Monday, 15 September 2025
3	Monday, 15 September 2025	Monday, 22 September 2025
4	Monday, 22 September 2025	Monday, 29 September 2025
5	Monday, 29 September 2025	Monday, 6 October 2025
6	Monday, 6 October 2025	Tuesday, 21 October 2025
7	Tuesday, 21 October 2025	Monday, 27 October 2025
8	Monday, 27 October 2025	Monday, 3 November 2025
9	Monday, 3 November 2025	Sunday, 9 November 2025 at 23:59 AEDT*

- 3.2 The Competition will be advertised on, but not limited to, the Seven Network (“the Network”) during My Kitchen Rules (“the Program”), www.7plus.com.au, and supporting promotional media throughout the Competition Period to provide details on how to enter the Competition.
- 3.3 **COMPETITION ENTRY:** In order to enter the Competition, entrants must complete the following steps during the Competition Period:
- Head to the Competition page at 7plus.com.au/RatethePlate;
 - “Rate the Plate/s” of the featured content currently live on the Competition page; and
 - Complete all required fields in the Competition entry form and successfully submit their entry.
- 3.4 For clarity, “Rate the Plate/s” refer to a variety of dishes (“Plates”) featured in the Program during the corresponding Entry Period, which will be featured on the promotional website for entrants to rate from 1 to 10. The Rating/s of each dish by the Entrant, has no bearing on whether an entrant will be eligible to win a Prize. There may be a different number of Dishes to rate each Rating/Entry Period dependent on the content aired during the Program in the corresponding Entry Period.

- 3.5 Each Plate will be revealed gradually throughout its corresponding Entry Period. Each time an Entrant enters the Competition and rates the Plate/s they must rate all Plates currently live on the Competition page, even if they have already rated one of the Plates in a previous entry.
- 3.6 Entries that meet the requirements of clauses 3.3 and adhere to these Terms and Conditions will be deemed a Valid Entry ("Valid Entry"). Each Valid Entry received over the duration of the Competition Period will be entered into the Major Prize Draw and the Instant Win Prize allocation corresponding to the Entry Period in which the entry was received.
- 3.7 Entries are limited to **one (1) Valid Entry per person per day** throughout the Competition Period.
- 3.8 Entrants can only win one (1) Instant Prize in the Competition (excluding residents of SA who are eligible to win more than one Prize). However, Instant Prize Winners are still eligible to win the Major Prize.

4. **PRIZES**

- 4.1 There will be One (1) Major Prize Winner and One Hundred and Eight (108) Instant Prize Winners ("Winners").

- 4.2 The One (1) Major Prize Winner will receive the following Prize:

Major Prize	Full Details	Prize Value
One (1) x Prize	\$5,000 Cash	\$5,000.00
TOTAL MAJOR PRIZE POOL VALUE		AUD \$5,000.00incl. GST

- 4.3 The One Hundred and Eight (108) Instant Prize Winners will each receive the following Prize:

Instant Prize	Full Details	Prize Value
One Hundred and Eight x (108) Prizes	\$250 Spotlight Voucher	\$27,000.00
TOTAL INSTANT PRIZE POOL VALUE		AUD \$27,000.00incl. GST

- 4.4 Total maximum prize pool value for the Prize is AUD **\$32,000.00 (including GST)**. Prize value is correct as at the date of printing. The Promoter accepts no responsibility for change in Prize value between now and the ultimate date on which the Prize/s is awarded.
- 4.5 It is a condition of accepting the Prize that the Winner must comply with all the conditions of use of the Prize and the Promoter's requirements.
- 4.6 Once the Major Prize Winner has accepted their prize, the Major Prize will be paid via EFT to the Winner's nominated bank account by Ansible Pty Ltd. The Prize must be taken as offered. The Prize value is in Australian dollars. The Promoter does not take any responsibility for any tax consequences or imposts that arise from the receipt of the Prize. The Winner is advised that tax implications may arise from their Prize Winning and they should seek independent financial advice prior to acceptance of their Prize.
- 4.7 It is the responsibility of the Major Prize Winner to provide their bank account details and any relevant identification or documentation required via email to the Promoter, the Sponsor and/or Ansible Pty Ltd for the purpose of fulfilling the prize. The Promoter, the Sponsor and/or Ansible Pty Ltd is not responsible nor liable for a prize that is misdirected, delayed or lost in transit.
- 4.8 Each Instant Prize will be valid for three (3) years from the date of issue. Any balance that remains on a voucher will not be available for use after the voucher 's expiry date. Once Winners have accepted their prize, vouchers will be sent digitally to their confirmed email address.
- 4.9 In the event that an element of the Prize outlined in the above is not available for any reason, the Promoter reserves the right to substitute with a similar product of equal or greater value, subject to state regulations.
- 4.10 In accepting the Prize, the Winner agrees to participate in and co-operate with all reasonable media editorial requests, including but not limited to, being interviewed and photographed, and the Winner grants the Promoter and Sponsor a perpetual and non-exclusive licence to use such footage and photographs in all media worldwide and the Winner will not be entitled to any fee for such use.
- 4.11 The Winner agrees they will not sell or otherwise provide their story and/or photographs to any media or other organisation.

- 4.12 The Winners may be required to provide valid identification to the Promoter.
- 4.13 The Promoter may require Winners to sign a waiver of liability and indemnity in the form determined by the Promoter in its absolute discretion.
- 4.14 The Promoter may vary these terms and conditions at its discretion, subject to state government legislation.
- 4.15 All prizes are non-transferrable and non-refundable. No cash alternative is available for any prize. Prizes must be taken as offered. All components of the Prize must be fulfilled at the same time, and they cannot be split across different time periods. Any Prize, unused portion of any Prize, or portion of the Prize a Winner is not entitled to, are not exchangeable or cannot be redeemed as cash. Prizes cannot be used in conjunction with any other special offer.
- 4.16 Prize/s are subject to any additional terms and conditions imposed by the Sponsor or the Promoter.

5. HOW TO WIN

- 5.1 This is a game of chance and skill plays no part in determining Winners.
- 5.2 There will be One (1) Major Prize Winner drawn at random from the pool of online entrants received throughout the Competition Period. The Major Prize Draw will take place at Ansible Pty Ltd, Level 3, 100 Chalmers Street, Surry Hills NSW 2010 on Monday 10 November 2025 at 10:00 AEDT.
- 5.3 There will be One Hundred and Eight (108) Instant Prize Winners, Twelve (12) Instant Prize Winners per Entry Period, determined using a computerised random system located at Ansible Pty Ltd, Level 3, 100 Chalmers Street, Surry Hills, New South Wales 2010. Instant Winners will be notified instantly of their winnings, via an onscreen message.
- 5.4 Each entrant who has entered the Competition in accordance with these terms and conditions during the Competition Period will be entered into the Major Prize Draw and the Instant Prize Draw corresponding to the Entry Period in which they entered. Entries that do not comply with any of the terms and conditions, may be deemed invalid. In the event an ineligible entrant is drawn or deemed a Winner, the Prize will be forfeited and a new Winner will be drawn.
- 5.5 The Major Prize Winner will be notified by email and phone call by Ansible Pty Ltd within two (2) business days of the corresponding Prize Draw.
- 5.6 The Instant Prize Winners will be notified instantly of their prize via an onscreen message following their entry. Instant Prize Winners will also be notified by email and phone call by Ansible Pty Ltd within two (2) business days of their onscreen winning notification.
- 5.7 The Winners details (including last name, first name initial and postcode) will be published on 7plus.com.au/RatethePlate within five (5) business days of the Major Prize Draw.
- 5.8 The Promoter's decision is final and the Promoter will not enter into correspondence regarding the result.
- 5.9 The Promoter may in its absolute discretion deem entries invalid subsequently to a Winner being notified or a Winner's name being announced or published if it is discovered that the Winner did not enter the Competition in accordance with these terms and conditions. In these circumstances, a re-draw will be conducted.
- 5.10 It is a condition of accepting the Prize that the Winner may be required to sign a legal release in a form determined by the Promoter in its absolute discretion.
- 5.11 In the event that any of the Instant Prizes are not allocated due to reasons including, but not limited to, low entry numbers, there will be a Prize Draw conducted at the conclusion of the Competition from all entries received within the Competition Period, to allocate these Instant Prizes to valid winners.
- 5.12 In the event a Winner has not claimed their Prize before 13:00 AEDT on Monday 9 February 2026, an unclaimed Prize Draw will take place at Ansible Pty Ltd, Level 3, 100 Chalmers Street, Surry Hills NSW 2010, on Monday 9 February 2026 at 14:00 AEDT. The new Winner/s will be notified by email and phone call on the day of the unclaimed Prize Draw. The unclaimed Prize Winner's details (including last name, first name initial and postcode) will be published on 7plus.com.au/RatethePlate within five (5) working days of the unclaimed Prize Draw.
- 5.13 The Promoter and Sponsor are not liable for any tax implications arising from any prize winnings. Independent financial advice should be sought by the prize winner if necessary. Where this competition involves, for GST purposes, supplies being made for non-monetary consideration, Winners will follow the Australian Taxation Office's stated view that were the parties are at arm's length goods and services exchanged are of equal GST inclusive market values.

6. NO LIABILITY

- 6.1 In the case of the intervention of any outside act, agent or event which prevents or significantly hinders the Promoter's ability to proceed with the Competition on the dates and in the manner described in these Terms and Conditions, including but not limited to vandalism, power failures, tempests, natural disasters, acts of God, civil unrest, strike, war, act of terrorism, COVID 19, pandemic, the Promoter may in its absolute discretion cancel the Competition and recommence it from the start on the same Terms and Conditions, subject to state government legislation or any direction from any regulatory authority.
- 6.2 Seven Network (Operations) Limited, Spotlight Pty Ltd, Ansible Pty Ltd, Spotlight Pty Ltd and their associated agencies and companies will take no responsibility for Prizes damaged or lost in transit, or late, lost or misdirected mail.
- 6.3 Seven Network (Operations) Limited, Spotlight Pty Ltd, Ansible Pty Ltd and their associated agencies and companies will not be liable for any misadventure, accident, injury, loss (including but not limited to consequential loss) or claim that may occur:
- a) during the Prize Draw;
 - b) in the acceptance, participation or use of any element(s) of a Prize;
 - c) as a consequence of late, lost or misdirected mail;
 - d) due to the broadcast of any program relating to the Competition or the publication of any material, including any statements made by any compere, staff member, journalist, other entrants or any other person; or
 - e) arising from or related to any problem or technical malfunction of any telephone network or lines or mobile communications network related to or resulting from participation in this Competition.
- 6.4 Seven Network (Operations) Limited, Spotlight Pty Ltd, Ansible Pty Ltd and its associated agencies and companies assumes no responsibility for any error, omission, interruption, deletion, defect, delay in operation or transmission, communications line failure, theft or destruction or unauthorized access to, or alteration of entries, and reserves the right to take any action that may be available, subject to state government legislation.
- 6.5 If for any reason the Competition is not capable of running as planned, due to causes including but not limited to tampering, unauthorized intervention, fraud, technical failures or any other causes beyond the control of the Promoter which corrupt or affect the administration security, fairness, integrity or proper conduct of the Competition, the Promoter reserves the right in its sole discretion to disqualify any individual who tampers with the entry process, take any action that may be available, and to cancel, terminate, modify or suspend the Competition, subject to state government legislation.

PROMOTER DETAILS

- 7.1 The Promoter is Seven Network (Operations) Limited (ABN 65 052 845 262) of Media City – 8 Central Avenue, Eveleigh NSW 2015 Australia.
- 7.2 The Sponsor is Spotlight Pty Ltd (ABN 39 564 861 886) of Level 6, 111 Cecil Street, South Melbourne, VIC 3205 Australia.
- 7.3 Entrants who opt-in to receiving marketing communication from the Sponsor on the entry form, agree that Spotlight Pty Ltd will receive their personal information. Spotlight Pty Ltd will handle the personal information of the entrants (e.g. first name, last name, address, phone number, email address) in accordance with their privacy policy, which can be accessed at <https://www.spotlightstores.com/privacy-policy>. By ticking the opt in checkbox, you agree to Spotlight Pty Ltd contacting you from time to time with marketing communications. You can opt out of these communications at any time by emailing privacy@srg.com.au.
- 7.4 All entries become and remain the property of the Promoter. Seven Network (Operations) Limited (ABN 65 052 845 262) and its related entities ("Seven"), is collecting your personal information for the purpose of conducting and promoting this Competition, including for the purpose of identifying and notifying the Winner and understanding our audiences. Seven will otherwise handle your personal information in accordance with Seven's Privacy Policy which is available on our website at <http://www.sevenwestmedia.com.au/privacy-policies> (and which contains information regarding how you can access your personal information, correct it and/ or make a complaint about our handling of your personal information). By providing your personal information below, you agree to the terms of the Privacy Policy. Without limiting the foregoing, Seven may disclose the entrant's personal information to its related entities, business partners and external service providers for research and profiling purposes as well as other purposes reasonably related to the entrant's relationship with Seven. In addition, by entering this competition you consent to Seven using your personal information for the

purpose of Seven and its related entities sending you information regarding programs, products and services available through them and/ or through their business partners. We will always provide you with the ability to opt out of those communications.

Permit approvals: NSW Authority: TP/04347, ACT: TP 25/02014, SA: T25/1511